

## **Student Life**

The excitement of college sports; a pool tournament in the Student Center; the homecoming dance; talking with other students on the lawn by the lake; a game of pick-up basketball with friends; discussions around a study table. These words and phrases only begin to capture student life at the University of Saint Francis where there are a multitude of opportunities for fun, learning outside of the classroom and the formation of friendships that will last a lifetime!

## **Athletics**

The University of Saint Francis Cougars participate in both women's and men's sports programs through membership in the National Association of Intercollegiate Athletics (NAIA). Intercollegiate sports for women include soccer, tennis, cross country, volleyball, basketball, softball, golf, and track and field. The Cougar men's teams compete in soccer, cross country, football, basketball, golf, baseball, and track and field. The football team competes in the Mid States Football Association while all other athletic teams compete in the Mid-Central College Conference (MCC).

Athletic grants are awarded to women and men of outstanding athletic ability in all intercollegiate sports. For complete information, contact the Director of Athletics or Office of Enrollment Management.

## **Campus Ministry**

Support for the religious and spiritual life of all members of the University of Saint Francis community rests with Campus Ministry. Campus Ministry nurtures the spiritual life of the campus community, provides opportunities for students to grow in faith, and fosters Christian Franciscan values in all areas of university life. The Campus Ministry team includes a Catholic priest, two full-time campus ministers, a liturgical music minister, and student peer ministers, who are dedicated to serving the campus.

While the distinctive religious tradition of the university is Catholic and Franciscan, Campus Ministry serves all members of the campus community and encourages students from other traditions to participate in the programs offered by Campus Ministry as well as in the life and ministry of area congregations. Saint Francis Chapel, located in Trinity Hall, and the Campus Ministry Center, located at the crossroads of campus behind the Bass Mansion, are the focal areas from which ministry reaches out to every aspect of campus life.

## **Counseling Services**

Assistance and support are offered to students as they face any number of problems which may include emotional distress, peer pressure, substance abuse, or family

conflict. Student Life staff are available to meet with students on campus. In addition, counseling services with a counseling center are available to all University of Saint Francis students at no cost to the student. To set up a private, confidential appointment with a counselor at a counseling center, please call Student Life at 260-434-7533. To meet with a Student Life staff, please contact the staff directly.

## **Division of Student Life**

The Division of Student Life creates a transformative and student-centered environment in which students experience personal growth, learning, engagement, leadership and service. Through residential life, extracurricular and co-curricular activities, students are challenged to connect with others, to learn, serve and grow as leaders. While academics will be a student's focus at USF, there is no question that learning extends well beyond the classroom. The programs, services, community participation, and co-curricular activities offered through the Division of Student Life are vital components of the university experience, and we encourage students to get involved.

## **Health Services**

All students, commuters and residents alike, have the opportunity to purchase health insurance through Sentry Student Security Plan. For more information, contact Student Life at 260-434-7533. Health Services are available to resident students. Contact your Residence Hall Director for more information.

## **Orientation**

Orientation is required for all new undergraduate students at the University of Saint Francis, and serves several vital functions. Students receive information on university policies, procedures and resources necessary for success. Students interact not only with other freshmen, but also with upperclassmen, faculty and staff. Students are also introduced to the wide variety of co-curricular activities available on campus that help build leadership skills, foster relationships, and provide social opportunities.

## **Residential Life**

Residential life enhances the university experience by providing an exciting and unique living/learning environment. To live in a residence hall is to take advantage of a variety of educational, cultural, spiritual, and social opportunities while enjoying the convenience of being only minutes away from classrooms, athletic facilities, campus activities, the library, and labs. Accommodations include room, board, recreational facilities, hall programming, assistance from hall staff, and close proximity to classes. All full-time undergraduate students under the age of 21 who are unmarried and are

not living with their parents or guardian are required to live on campus. A student is free to live off campus in the semester in which he/she reaches his/her 21st birthday.

## **Current Co-Curricular Activities**

### **Clubs and Organizations**

Membership in campus clubs and organizations greatly enhances a student's university experience. All full-time and part-time students are eligible to participate. The following clubs and organizations are described in more detail in the Student Handbook and on the USF website.

- Cougars in Action
- Cougars for Life
- Dead Theologians
- Educators in Action
- f/8 Photography Club
- Fellowship of Christian Athletes
- Film Club
- Graduate Student Nurses Association
- Paw Print Student Newspaper
- Pep Band
- Residence Hall Association
- Residence Hall Council
- Science Club
- SIFE (Students in Free Enterprise)
- SIGGRAPH (Special Interest Group for Graphics)
- Student Art League
- Student Activities Council
- Student Government Association
- Student Nurses Association
- SPICE (Students Promoting Inter-Cultural Exchanges)
- Theology Club
- University Singers

### **Student Activities Council**

In conjunction with the Office of Co-Curricular Activities, the Student Activities Council is responsible for planning and coordinating campus activities and events. The Student Council sponsors events for homecoming, dances, trips, campus entertainment, and other special programs, many of which are free or at a reduced cost to USF students.

### **Student Government Association**

SGA acts as a sounding board for student opinion, disseminates information to the student body from the faculty and administration, represents students on university committees, and acts on any question concerning the welfare of the student body. The SGA also supports clubs and organizations and programs.

## **Intramurals**

The Intramural program offers USF students a wide variety of athletic/recreational activities. Intramural sports encourage enjoyment, social interaction, equality of play, and sportsmanship. The intramural program includes basketball, soccer, Ultimate Frisbee, volleyball, and other sports in season.

## **Student Handbook**

The University of Saint Francis Student Handbook outlines policies and procedures for resolving academic grievances, describes the principles of student life and lists general campus policies and residential life policies. Each new student receives a Student Handbook at New Student Orientation. Handbooks are also available from the Associate Dean of Students, in the Campus Shoppe bookstore, or online at [www.sf.edu/studentlife](http://www.sf.edu/studentlife).