



ST. FRANCIS COLLEGE

FORUM ON MIGRATION

# COMING TO AMERICA IN THE 21ST CENTURY CONFERENCE

MARCH 29, 2019  
180 REMSEN STREET  
BROOKLYN HEIGHTS, NY

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INSTITUTE FOR INTERNATIONAL  
AND CROSS-CULTURAL PSYCHOLOGY





ST. FRANCIS COLLEGE  
FORUM ON MIGRATION



Dear Attendee,

It is our pleasure to welcome you to our conference entitled Immigration: Coming to America in the 21st Century. This conference will serve as one of two community-based events that celebrate the foundation of the Forum on Migration at St. Francis College. We would like to thank President Miguel Martinez-Saenz, Vice President for Internationalization and Strategic Initiatives Reza Fakhari, Vice President for Academic Affairs Jennifer Lancaster, and the Psychology and Sociology departments for supporting the development of this event.

Moreover, we would like to express our immense gratitude to Ms. Tearanny Street and her production team for ensuring that all of the technological and marketing materials were so professionally done. Lastly, we would like to acknowledge our university, state, divisional, regional, and personal sponsors. Your contributions are directly responsible for ensuring that we can offer this as a free event to our professional, student, and local communities.

Throughout the day, we will have paper presentations, panel discussions, and clinical sessions. Sessions will either have a research, clinical, advocacy, and/or experiential focus. The abstracts presented within the program will provide a synopsis of each talk. We are honored to have Dr. Philip Kasinitz serve as our keynote speaker. His talk, entitled "The War on Immigrants Meets the War on Crime: Race, Citizenship, and Exclusion," highlights a shift in the American spirit in the past couple years. Dr. Kasinitz is a Presidential Professor and the Director of the **International Migration Studies (IMS) at the CUNY Graduate Center**. His works include Caribbean New York, Inheriting the City: The Children of Immigrants Come of Age, and The Handbook of International Migration: The American Experience. Dr. Kasinitz has received countless national and international awards for his contributions to the field.

We will conclude our program with remarks from Dr. Judy Kuriansky. A noted international clinical psychologist on the faculty of **Columbia University Teachers College** and Visiting Professor at **Peking Health Sciences Center**, she is incredibly active with the NGO community at **the United Nations**. She is the author of numerous books which include but are not limited to "Ecopsychology: The Intersection of Psychology and Environmental Protection," and "31 Things to Raise a Child's Self-Esteem."

Once again, we welcome you to this all-day event. If you have any questions regarding the event or would like to follow up with us, we have provided our contact information.

Sincerely,

**Daniel Kaplin, PhD**

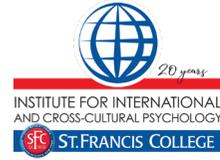
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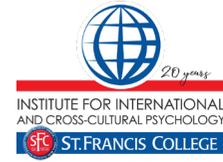
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TIME	FOUNDERS HALL (1ST FLOOR)	CALLAHAN CENTER (1ST FLOOR)	ROOM 3213 (3RD FLOOR)
8:45. - 9 A.M.	<p>Welcoming Remarks <b>Daniel Kaplin, PhD</b> (Conference Co-Chair)</p> <p>Introductory Remarks by <b>Miguel Martinez-Saenz, PhD</b> (President of St. Francis College)</p>		
9:05 - 9:55 A.M.	<p><b>Uwe P. Gielen, PhD</b> (St. Francis College)</p> <p><b>Jonathan Palumbo</b> (Pace University)</p> <p>Growing up in Two Worlds: Young Chinese Americans in New York City</p>	<p><b>Martin Garfinkle, DSW</b> (New York City College of Technology)</p> <p>Mindfulness-Based Interventions with Immigrants and Refugees</p>	
10 - 10:55 A.M.	<p><b>Ani Kalayjian, EdD</b> (Meaningful World)</p> <p>Transforming Trauma of Migration: Utilizing the 7-Step Integrating Healing Model</p>	<p><b>Daniel Kaplin, PhD</b> (St. Francis College)</p> <p><b>Kristen Parente</b> (Kean University)</p> <p>The Role Researchers and Clinicians Can Play to Address Threats to the Immigration System</p>	<p><b>Gabrielle Stutman, PhD</b> (Independent Practice)</p> <p>Gaining Legal Status for Undocumented Foreign Residents: Psychologists Can Help</p>
11 - 11:55 A.M.	<p><b>Roy Aranda, PsyD, JD</b> (Independent Practice)</p> <p>Challenges New Immigrants Face Within the Latin Population</p>	<p><b>Pei-Wen Winnie Ma, PhD</b> (William Paterson University)</p> <p>School-Based Intervention for Recent Immigrant Students</p>	
12 - 1 P.M.	<p>Keynote Address: <b>Philip Kasinitz, PhD</b></p> <p>The War on Immigrants Meets the War on Crime: Race, Citizenship, and Exclusion</p>		
1:05 -1:55 P.M.		<b>LUNCH</b>	



TIME	FOUNDERS HALL (1ST FLOOR)	CALLAHAN CENTER (1ST FLOOR)	ROOM 3213 (3RD FLOOR)
2 - 2:55 P.M.	<p><b>Caroline Clauss-Ehlers, PhD</b> (Rutgers University)</p> <p>Understanding the Experience of Forced Migration among Latinx Children and their Families</p>	<p><b>Ann Winton, PhD and Janet Mueller, PsyD</b></p> <p>Working with Immigration in a Variety of Situations</p>	<p><b>Halyna Lemekh, PhD</b> (St. Francis College)</p> <p>The Adjustment of Newly Arrived Immigrants to Their New Social Milieu</p>
3 -3:55 P.M.	<p><b>Elaine Congress, DSW, LCSW</b> (Fordham University)</p> <p><b>Abigail Asper, MSW Candidate</b> (Fordham University)</p> <p>Education at the United Nations to Counteract Xenophobia Around the World</p>	<p><b>Sunghun Kim, PhD</b> (St. Francis College)</p> <p>The Impact of DACA on Korean Immigrants</p>	<p><b>Vivian Khedari, MA and Doris F. Chang, PhD</b> (New School)</p> <p>Overcoming Stigma in Syrian Refugees: A Psychoeducational Intervention Integrating Biology, Metaphor, and Storytelling</p>
4 - 4:55 P.M.	<p><b>Jean Lau Chin, EdD</b> (Adelphi University)</p> <p>Historical Accounting of Immigration in NYC Chinatown</p>	<p><b>Lauren Rogers-Sirin, PhD</b> (The College of Staten Island)</p> <p>A Mental Health Needs in Syrian Refugees</p>	<p><u>Student Speaks Panel: Personal Reflections on Migration</u></p> <p><b>Xania Brown</b> (St. Francis College)</p> <p><b>Mohammed Zahirul Islam</b> (College of Staten Island)</p> <p><b>Akyi Lenjor</b> (St. Francis College)</p> <p><b>Fernanda Maura</b> (Kean University)</p> <p><b>Anebel Serrano</b> (City College)</p> <p>Moderator: <b>Daniel Kaplin, PhD</b> (St. Francis College)</p>
5 -5:55 P.M.	<p>Closing Address: <b>Judith Kuriansky, PhD</b> (Columbia University), and Musical Performance by <b>Tomoko Shibata</b></p> <p>Mental Health and Psychosocial Support for Refugees and Migrants: Advocacy in The Global Compact for Migration and Interventions in the Case of Syrian Refugees in Jordan</p>		



## PROGRAM SCHEDULE

### 9 A.M. - 9:55 A.M.

#### **GROWING UP IN TWO WORLDS: YOUNG CHINESE AMERICANS IN NEW YORK CITY**

Uwe P. Gielen, PhD (St. Francis College) and Jonathan Palumbo (Pace University)  
Founders Hall

**Abstract:** Our presentation is based on 82 autobiographical essays by and 72 interviews with Chinese American adolescents and young adults from New York City as well as a review of the pertinent scientific literature. It introduces contrasting Chinese and American approaches to child-rearing, alternative cultural visions of the good life, and common challenges encountered by first and second generation Chinese immigrants in the Big Apple. The challenges include family separations surrounding the immigration process, living in poverty and near-poverty, encountering racial prejudice and discrimination especially in some of racially mixed and poorer high schools, subethnic negative stereotypes creating divisions between Cantonese speakers and Fuzhounese (Eastern Min) speakers, cultural and linguistic differences between parents and children, diverse gender roles, concerns about one's body image, identity conflicts, and efforts to reconcile diverse Chinese and mainstream American cultural frameworks. Although second generation Chinese American immigrants in New York tend to be educationally successful and upwardly mobile, young women in particular may experience feelings of depression, social anxiety, and self-doubt. The presentation will pay special attention to the children of working-class immigrants as they are coming of age in the "largest Chinese City" outside Asia.

#### **MINDFULNESS-BASED INTERVENTIONS WITH IMMIGRANT AND REFUGEE POPULATIONS**

Martin Garfinkle, DSW (New York City College of Technology)  
Callahan Center

**Abstract:** The recent literature suggests that mindfulness-based techniques can be useful in helping immigrant and refugee populations cope with stress and trauma. This discussion will focus on three activities that may be useful for professionals working with these individuals. The three activities that we will concentrate on are focused awareness, grounding techniques for people who need a distal experience and gratitude practices. Mindfulness can also be useful for professionals who deal with these populations to help prevent depression and burnout. The presentation will include evidence that these techniques are useful and the neuroscience behind the practices. We will be doing experiential work throughout the presentation.

### 10 A.M. - 10:55 A.M.

#### **TRANSFORMING TRAUMA OF MIGRATION: UTILIZING THE 7-STEP INTEGRATING HEALING MODEL**

Ani Kalayjian EdD (Meaningful World)  
Founders Hall

**Abstract:** Forced migration due to wars, conflict, genocide, and persecution worldwide continues to unfold, with the number of people displaced within their country or having fled internationally reaching 68.5 million, the highest level ever recorded according to the United Nations High Commissioner for Refugees (UNHCR), over 75% are women and children. Nearly one person is forcibly displaced every two seconds. Being an immigrant myself, I have felt the pain and trauma of immigrating with my family from Syria. Migrants face many challenges and hardships all over the world. The labor market for migrant workers demands hard labor but denies many basic health and living services as well as basic human rights. Unfortunately, despite the facts that migration can benefit migrants, countries of origin,-



## PROGRAM SCHEDULE

and destination countries, migrants continue to endure unsafe work and living conditions, abuse, discrimination and arbitrary detention. ATOP Meaningfulworld has been committed to support migrants, refugees, and displaced people for over 30 years, both locally and globally. We have delivered Humanitarian Missions in Africa, Asia, the Caucasus, the Caribbean, the Middle East, and North and South America. Just in the last two years we worked with the Syrian refugees, Dominican refugees in Haiti, and Armenians displaced from the conflict with neighboring Azerbaijan. We have been serving to educate, empower, and transform the wounds of trauma of wars, genocide, and political oppression. We incorporate the United Nations Declaration of Human Rights, the United Nations Sustainable Development Goals (SDG's), and our signature 7-Step Integrative Healing Model, in all our educational programs. This presentation will highlight the needs of migrants, and the ways we outreach to uplift the migrants around the world. We work on empowering women, educating men, protecting children, and teaching parenting skills to those caring for children. We help migrants fine tune their Emotional Intelligence (EQ), find ways to forgive, discover a new meaning in their experiences, and learn to protect their human rights.

### **THE ROLE RESEARCHERS AND CLINICIANS CAN PLAY TO ADDRESS THREATS TO THE IMMIGRATION SYSTEM**

Daniel Kaplin, PhD (St. Francis College) and Kristen Parente (Kean University)  
Callahan Center

Abstract: Several threats to the current immigration system have come to the forefront in recent years. For example, there has been an institution of a travel ban, restrictions placed on those seeking asylum, and threats to end the Deferred Action for Childhood Arrivals program (DACA) and birthright citizenship. Cancelling DACA alone would place about 800,000 young adults at risk for forced deportation from the only home they've ever known. Immigrants and refugees already report experiencing isolation and questions about belonging. These individuals often face structural barriers to education and employment. As a result of this lack of social support, this poses a danger to mental health of the already at-risk immigrant population and enhances apparent discrimination. We conclude by discussing the roles social psychologists and clinicians can play to address these concerns.

### **GAINING LEGAL STATUS FOR UNDOCUMENTED FOREIGN RESIDENTS: PSYCHOLOGISTS CAN HELP**

Gabrielle Stutman, PhD (Independent Practice)  
Room 3213

Abstract: This presentation gives a brief overview of how undocumented people who seek to gain legal status in the United States may be helped by a psychological evaluation. Extreme and Unusual Hardship, the Violence Against Women Act (VAWA), and Asylum are the three main pathways to Cancellation of Removal and legal status. The role of the Psychologist as a neutral expert witness, and their relationship with an immigration attorney in documenting these petitions is addressed. The basic contents of an appropriately supportive Psychological Evaluation that can be placed in evidence are described.



## PROGRAM SCHEDULE

**11 A.M. - 11:55 A.M.**

### **CHALLENGES NEW IMMIGRANTS FACE WITHIN THE LATIN POPULATION**

Roy Aranda, PsyD, JD (Independent Practice)  
Founders Hall

Abstract: “The Caravans are Coming, the Caravans are Coming”, seemingly a modern-day remake of a classic movie, raises the specter of longstanding difficulties for immigrants—undocumented and documented—with an increased burden to an immigration system that trudges along like a leaky old boat. The fate of DACA remains unsettled. Approximately 800,000 Dreamers now are being held hostage at the expense of a prolonged Government shutdown. Jammed immigration courts will have thousands of hearings postponed because immigration courts are shut down and about 400 immigration judges have been furloughed and are not hearing cases. Cases for thousands are in limbo and will be postponed for years. What if, because of a postponement, an immigrant seeking relief on the basis of “Exceptional Hardship” loses such relief because his or her child turns 21 or the qualifying parent or spouse dies? Many immigrants seeking asylum are housed in tents and shelters on the Mexican side of the border and the future of their cases being heard is tenuous at best. Immigration experts have indicated that cases could be delayed for months or years given that there are more than 800,000 pending cases. We now have learned that far more children have been separated from their families than we initially were led to believe after the “zero tolerance” policy was implemented on April 6, 2018. A NY Times article dated January 17, 2019 reported that “inspectors believed the number of separated children may be “thousands” more than the 2,737 reported to the court.” In a nation of approximately 59 million Hispanics and 11 million undocumented Hispanics, many pervasive significant challenges and hardships persist, magnified more so now by policies designed to further restrict the pathways to remain in the United States and obtain legal status, and because they have become a new pariah and are the center of attention in a governmental shutdown. One wonders if the New Yorker satirical cartoon with the caption, “No, Thursday’s out. How about never—is never good for you?” is a reality?

### **SCHOOL-BASED INTERVENTION FOR RECENT IMMIGRANT STUDENTS**

Pei-Wen Winnie Ma, PhD (William Paterson University)  
Callahan Center

Abstract: Immigrant students that arrive in the United States in adolescence often face adjustment difficulties such as lack of English proficiency, loneliness, alienation, and changing family dynamics (Ma, Shea, & Yeh, 2013). Given the shortage of linguistically and culturally responsive mental health services in urban public schools (Yeh et al., 2018), this presentation will highlight the essential components of three school-based programs for recently arrived middle school and high school immigrant students. The first is a career development group for urban, low-income Chinese immigrant high school students. The second is a peer-mentoring program to help with new immigrant students with school engagement. Lastly, we will describe a school-based cultural adjustment group for Latinx and Bangladeshi middle school students. All three programs incorporate immigrant students’ sociocultural contexts, vital life experiences, and familial influences in conceptualization and planning.



## PROGRAM SCHEDULE

**12 P.M. - 1:00 P.M.**

**KEYNOTE ADDRESS: THE WAR ON IMMIGRANTS MEETS THE WAR ON CRIME: RACE CITIZENSHIP AND EXCLUSION**

Philip Kasinitz, PhD (CUNY Graduate Center)  
Founders Hall

Abstract: Two years after the inauguration of President Donald Trump, the dawning of the once promised “post racial” America seems more distant than ever. Many, probably most, immigrants, including immigrants of color, are now experiencing modest but substantial upward mobility relative. Yet others find that their unauthorized legal status excludes them from employment and educational opportunities. The Trump administration is now going to unprecedented lengths to equate these unauthorized immigrants with rampant criminality and threats to American security—all evidence to the contrary. Americans concerned with racial justice are now struggling to make sense of these apparent contradictions. In this talk we will explore the interconnections between race, immigration and legal status in contemporary America.

**1 P.M. - 2:00 P.M.**

**LUNCH IN THE CALLAHAN CENTER**

**2 P.M. - 2:55 P.M.**

**UNDERSTANDING THE EXPERIENCE OF FORCED MIGRATION AMONG LATINX CHILDREN AND THEIR FAMILIES**

Caroline Clauss-Ehlers, PhD (Rutgers University)  
Founders Hall

Abstract: This presentation will focus on experiences of forced migration among Latin American children. Forced migration refers to an experience where people are forced to leave their countries due to torture, human rights issues, armed conflict, political climate, and other concerns (Clauss-Ehlers & Akinsulure-Smith, 2013). The presentation will define what is meant by the terms refugees, unaccompanied minors, asylum seekers, and undocumented children. Through greater understanding of relevant terminology, the presentation encourages practitioners to be aware of clinical issues that may emerge in relation to varying client migration experiences. Data will be presented that demonstrates the impact of forced migration on children within Latin America. The Northern Triangle region of Central America will be presented as a regional case study. Mental health considerations for forced migrant children will be considered such as the complex picture of the dose-effect, contextual factors that influence mental health outcomes, resilience as a protective factor, and UNICEF’s 6 point agenda for children on the move (Unicef data brief, 2018).



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### WORKING WITH IMMIGRATION IN A VARIETY OF SITUATIONS

Ann Winton, PhD and Janet Mueller, PsyD  
Callahan Center

Abstract: The overall format will be forensic. All forensic exams are framed by a question. For asylum in the US, it is credible fear. Credible fear is a concept in United States asylum law whereby a person who demonstrates that he or she has a credible fear of returning to his or her home country cannot be subject to deportation from the United States until the person's asylum case is processed. Note that demonstrating a credible fear of persecution does not mean that the person has received asylum or definitively established eligibility for it. It simply means that the person stands a good chance of establishing eligibility for asylum. The format will be a case study using an actual case. Rape is an equal opportunity action. It is socially learned. Recovery from rape trauma is a deeply personal and highly individualized journey. One of the most important aspects in assisting the recovery process is empowering the survivor and putting control back into their hands. The asylum process is an important part of this. Therefore, the interview becomes very critical. All examples will focus on allegations of rape and domestic violence. Examples will be from Central America, Balkan countries and Africa, among others. Terminology discussed and reviewed as well as procedures in Immigration Court and EOIR.

### THE ADJUSTMENT OF NEWLY ARRIVED IMMIGRANTS TO THEIR NEW SOCIAL MILIEU

Halyna Lemekh, PhD (St. Francis College)  
Room 3213

Abstract: Similar to the huge wave of Eastern and Southern European immigrants at the turn of the previous century, newly arrived Ukrainian immigrants at the turn of this century again enter New York City in huge numbers, changing its racial and ethnic composition and introducing new aspects to its diverse culture. Different languages and accents, distinct cultural apparel, a generous assortment of ethnic cuisines as well as diversity of the Gods that are worshipped are usual for New Yorkers. The city's residents have indeed reconciled with the fact that New York continues to lure foreigners, eventually making new Americans out of them. Along with Dominicans, Chinese, Caribbeans, Koreans and Guatemalans, New York is home to a significant number of immigrants from Ukraine, whose immigration became massive in the 1990s, after the Soviet Union had crumbled. This research is based on ethnographic field research conducted for about 14 months, by the end of which I had obtained more than 65 extensive interviews and life stories of the Ukrainian immigrants, who share their experiences of adjusting to the receiving country and the significance of their hyphenated Ukrainian-American identities. This research shows that, regardless of the tenacious stereotypes, prejudice and discrimination, immigrants, nevertheless, feel themselves a part of this country, typically referring to it as "home."

### 3 P.M. - 3:55 P.M.

### EDUCATION AT THE UNITED NATIONS TO COUNTERACT XENOPHOBIA AROUND THE WORLD

Elaine Congress, DSW, LCSW (Fordham University) and Abigail Asper (Fordham University)  
Founders Hall

Abstract: The United Nations provides an excellent setting for students to learn about promoting psychology and constructive change. This presentation will focus on a student intern's successful involvement in an ongoing research project aimed at combating xenophobia around the world. In many parts of the world migrant and refugee populations face intolerance, xenophobia and other barriers to integration and inclusion. To gather evidence about NGOs success in this area, members of the NGO Committee on Migration's Subcommittee on Countering Xenophobia and Promoting Social Inclusion designed and distributed a survey to identify promising practices for countering xenophobia and promoting the social inclusion of migrants and refugees. (continued on next page)



## PROGRAM SCHEDULE

Out of the 76 respondents who responded to the survey, eight NGOs were selected for providing excellent examples of promising practices for counteracting xenophobia of migrants and refugees. They were chosen based on the detail and specificity of their descriptions, innovation and creative nature of their projects, their social integration, inclusion, social justice, anti-discrimination strategies, and their partnerships with local authorities and stakeholders. This study will be continued next year with additional NGOs to help counteract xenophobia and promote social inclusion of migrants around the world.

### THE IMPACT OF DACA ON KOREAN IMMIGRANTS

Sunghun Kim, PhD (St. Francis College)  
Callahan Center

Abstract: For more than 7,000 young immigrants from South Korea to the U.S., DACA had once been heaven but has recently been hell, among other things. According to data from USCIS in 2017, the number of South Korean DACA recipients was found to be top 6th, overall, following Mexico, El Salvador, Guatemala, Honduras, and Peru, but top 1st among Asian groups, followed by Philippines and India. Considering the relative size of the population of South Korean immigrants in America, we can conclude that more than expected number of young adult immigrants from South Korea is under the effects of DACA. On the contrary to some positive influences of the policy on the young South Korean recipients for the first five years of its implementation, the negative impacts of a potential threat of canceling the program by Trump administration have been life-changing ones in many distressing ways. This study explored potential risk factors on the mental health status of those South Korean DACA participants. I summarized several cases of South Koreans reported by news media or experienced by myself. Publically available data by such as Asian American Federation, Migration Policy Institute, and Pew Research Center were also used to project contextual [background] factors that may play some roles making their mental health-related circumstances more hazardous.

### OVERCOMING STIGMA IN SYRIAN REFUGEES: A PSYCHOEDUCATIONAL INTERVENTION INTEGRATING BIOLOGY, METAPHOR, AND STORY-TELLING

Vivian Khedari DiPierro, MA and Doris F. Chang, PhD (New School)  
Room 3213

Abstract: With an ever-increasing number of forcibly displaced people worldwide, there is a call for sustainable interventions fit for large-scale implementation in low-resource settings. Self-managed interventions such as psycho-educational guides fit this description. It is essential that these types of interventions address stigma as a barrier to care, for they can only be successful if individuals are open to engaging with the guide's contents. This presentation focuses on an international effort to create a psycho-education guide for refugees – The Field Guide for Barefoot Psychologists – that explains some of the biological and psychological processes underlying the negative experiences associated with forced displacement, including trauma, stress, guilt, shame, and hopelessness. The guiding principle of the work is that offering people biological and psychosocial explanations for distress symptoms in an empowering and optimistic tone that avoids suggesting permanent pathology has the potential to reduce mental health stigma and improve mental health outcomes. The presentation will detail efforts to make the intervention accessible and culturally sensitive for Syrian refugees in Jordan through the use of metaphors and storytelling. It will also detail an innovative approach to naturalistic intervention assessment through the large-scale collection (N=160 adult refugees) of self-report, interview, and psychophysiological data in the Za'atari refugee camp.



## 4 P.M. - 4:55 P.M.

### **HISTORICAL ACCOUNTING OF IMMIGRATION IN NYC CHINATOWN**

Jean Lau Chin, EdD (Adelphi University)  
Founders Hall

Abstract: Immigration of Chinese to the US began in 1850s and up until the 1960s largely consisted of those from farming villages of Toisan in the Guangzhou Province. This was dramatic in representing 90% of Chinese immigration with families congregating in Chinatowns throughout the US including NYC. After 1960s, dramatic shifts in immigration from Hong Kong, Taiwan, and later differ parts of China dramatically diversified this once homogeneous enclave. Noteworthy will be discussion of the sociocultural and economic impact of this trend.

### **MENTAL HEALTH NEEDS IN SYRIAN REFUGEES**

Lauren Rogers-Sirin, PhD (The College of Staten Island)  
Callahan Center

Abstract: The Syrian civil war began with a brutal military crackdown of anti-government protesters in Syria in 2011, and has subsequently displaced more than 11 million people. The United Nations estimates there are now more than 6.3 million Syrian refugees living abroad, representing more than 5 percent of all refugees and comprising the third largest refugee population in the world. Children represent about a quarter of the Syrian refugee population and as the Syrian refugee crisis continues to unfold, we need to pay attention to what happens to these displaced children. This talk will briefly review the historical events leading to the current conflict and responses by the international community to set the current refugee crisis in context. I will then review the educational and mental health risks that Syrian refugee children face, both in refugee camps and after resettling in new countries. Particular focus will be given to a study by Sirin et al., conducted in the Islahiye refugee camp in south-east Turkey, to assess the levels of trauma and mental health distress experienced by children there. I will conclude with recommendations about how the psychology community can respond to this crisis both in our therapy rooms and as activists.

### **STUDENTS SPEAK PANEL: PERSONAL REFLECTIONS ON MIGRATION**

Xania Brown (St. Francis College), Mohammed Zahirul Islam, (College of Staten Island), Akyi Lenjor (St. Francis College), Fernanda Maura (Kean University), Anebel Serrano, (City College) Moderated by: Daniel Kaplin, PhD (St. Francis College)  
Room 3213

Abstract: In this panel, several students will reflect on their experiences as either a first or second-generation immigrant from the Caribbean, South America, the Africa, and South Asia. Each student will discuss their age of migration for them and/or their parents, unique stressors they face as a function of this change, and issues related to the development of a bicultural identity. Students will also be asked to reflect on the intergenerational effects of migration. After students share their experiences, this will be followed by a Q & A moderated by Dr. Kaplin.

## 5 P.M. - 6 P.M.

### **CLOSING ADDRESS: MENTAL HEALTH AND PSYCHOLOGICAL SUPPORT FOR REFUGEES AND MIGRANTS**

Judith Kuriansky, PhD (Columbia University)



## ABOUT THE PRESENTERS

### CHALLENGES NEW IMMIGRANTS FACE WITHIN THE LATIN POPULATION



**ROY ARANDA, PSYD, JD** (Independent Practice) obtained a PsyD from the Graduate School of Applied and Professional Psychology, Rutgers University, in 1982, a 2-year post-doctoral degree in neuropsychology in 2001, and a law degree in 2007. He has been licensed in NY since 1983 and is President of Long Island Psychological Consulting, P.C. with three offices. He performed hundreds of forensic evaluations and was an expert in several high profile cases including the Happy Land Trial and New York Terrorist Trial. Dr. Aranda traveled extensively and made many presentations in the U.S. and abroad. He has written several articles and presently is writing two chapters that will be published in an edited book, *Faces of Trauma in Forensic Contexts*, one immigration-related: *Crossing the "Wall": Perilous*

*Journey of Hispanic Refugees into the U.S.* Dr. Aranda is President of the Association of Hispanic Mental Health Professionals, a former President of NYSPA, President of NYSPA's Forensic Division, and Past-President of Queens Psychological Association. Dr. Aranda has received countless awards and recognitions, which include NYPSA's President's Award (2017), the Allen V. Williams Jr. Award (2017), "Prolific Community Activist" by NAPRHSW (2017); Hispanic Healthcare Advocate of the Year Award (2017); inducted as a Fellow into the NAP (National Academies of Practice) Psychology Academy as a Distinguished Practitioner (2018), NYSPA's Beacon Award (2018). Dr. Aranda now is the host of a new hour-long talk show on Spanish-language television network, TribunaTV, and another show in English.

### EDUCATION AT THE UNITED NATIONS TO COUNTERACT XENOPHOBIA AROUND THE WORLD



**ABIGAIL ASPER** (Fordham University) is expected to receive her MSW degree from Fordham University Graduate School of Social Service in May 2019. At the UN, she is a member of the NGO Committee on the Status of Women, where she has contributed to outcome statements for the 62nd and 63rd Commissions on the Status of Women. She is also active on the NGO Committee on Migration, particularly the subcommittee on xenophobia and social inclusion, where she contributed to a shadow report on the status of migrant women as well as a compendium of policies and practices related to the well-being of migrants. Ms. Asper is also passionate about public health, violence prevention, and generally using policy to promote the rights and interests of marginalized groups.

### OVERCOMING STIGMA IN SYRIAN REFUGEES: A PSYCHOEDUCATIONAL INTERVENTION INTEGRATING BIOLOGY, METAPHOR, AND STORY-TELLING



**DORIS F. CHANG, PHD** (New School) is Director of Clinical Training and Associate Professor of Psychology at the New School for Social Research and a Co-Investigator at the Center of Excellence for Cultural Competence, New York State Psychiatric Institute. She received her Ph.D. in clinical psychology from the University of California, Los Angeles and completed an NIMH postdoctoral fellowship in medical anthropology at the Department of Social Medicine, Harvard Medical School. Her research seeks to address disparities in the quality of mental health services for racial and ethnic minorities by a) describing the role of race, ethnicity, and culture in mental health and service delivery, b) identifying strategies for improving intercultural interactions, specifically those occurring between racially, ethnically,

and culturally-different providers and patients, and c) developing empirically and culturally-grounded therapeutic interventions. She has particular expertise in Chinese American and other Asian American communities.



## HISTORICAL ACCOUNTING OF IMMIGRATION IN NYC CHINATOWN



**JEAN LAU CHIN, EDD** (Adelphi University) is Full Professor at Adelphi University. Dr. Chin is distinguished as an educator, administrator, clinician and scholar. She has held senior management positions at several distinguished academic and professional organizations. Her work on leadership, diversity and women's issues has led to a number of invitational talks and publications in these areas. During the past year, she was invited to the Oxford Roundtable to talk on women and leadership, and was designated as a Fulbright Specialist in this area. Academically, Dr. Chin has published extensively including 15 books, 21 book chapters, 27 articles, and over 200 professional presentations. Her most recent books are: "Diversity and Leadership" (2014), "Diversity in Mind and in Action" (2009), "The

Psychology of Prejudice and Discrimination" (2009), "Women and Leadership: Transforming Visions and Diverse Voices" (2007) and she edited an American Psychologist special issue on Diversity and Leadership (2010). She has served in many leadership positions on national, state and local boards. Dr. Chin has received many awards for her leadership and her work including the Outstanding Executive Director Award (1991), the Women Who Care Award from Women in Philanthropy (1991), the Distinguished Contribution Award from the Asian American Psychological Association (2001), the Executive's 2009 Women of Distinction Award, NYSPA Diversity Award (2013), the Margaret Floyd Washburn Award (2013) and she was honored as an Elder at the 2013 National Multicultural Conference and Summit.

## EDUCATION AT THE UNITED NATIONS TO COUNTERACT XENOPHOBIA AROUND THE WORLD



**ELAINE CONGRESS, DSW, LCSW** (Fordham University) is Associate Dean and Professor at Fordham University Graduate School of Social Service. She has authored ten books on cultural diversity, immigrants, health, and ethics including two editions of Social Work with Immigrants and Refugees and is currently working on the fourth edition of Multicultural Perspectives in Working with Families. The culturagram a family assessment tool she developed has been used in work with immigrants, refugees, children, older people, survivors of family violence, and those with health problems. More information about her culturagram and work with immigrants can be found in these podcasts. <http://socialworkpodcast.com/2008/12/visual-assessment-tools-culturagram.html> and <http://www.socialworkpodcast.com/2009/02/social-work-with-immigrants-and.html>. At the United Nations Dr. Congress represents the International Federation of Social Workers and has received awards from the National Association of Social Workers, American Public Health Association, the Latino Social Work Task Force, the Hispanic Mental Health Professionals, and the NYS Association of Social Work Education. She has presented on social work ethics, cultural diversity and immigrants at national conferences in San Francisco, Anaheim, Chicago, Atlanta, Washington, Charleston, Orlando, and international conferences in Canada, France, England, Germany Australia, Finland, Holland, Korea and Singapore. Dr. Congress has a Master of Arts (MAT) in Teaching from Yale, a Master of Science in Social Work (MSSW) from Columbia University, a Masters of Arts (MA) in Psychology from the New School of Social Research, and a Doctorate in Social Welfare (DSW) from City University of New York.



## UNDERSTANDING FORCED MIGRATION WITHIN A LATINO CONTEXT



**CAROLINE CLAUSS-EHLERS, PHD** (Rutgers University), is Associate Professor and Program/ Clinical Coordinator for the Programs in School Counseling and Counseling Psychology in the Department of Educational Psychology at Rutgers, The State University of New Jersey. Her research and writing focuses on cultural resilience, trauma, bilingualism, and work with children and their families within diverse community contexts. Dr. Clauss-Ehlers is an American Psychological Association (APA) Fellow in Division 43, the Society for Couple and Family Psychology, and has specialty board certification in couple and family psychology by the American Board of Professional Psychologists. She is Chair of the APA Task Force on Re-envisioning the Multicultural Guidelines for the 21st Century, a group charged with providing the field of psychology updated guidelines for multicultural practice.

The work produced by the Task Force, *Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality*, 2017, received critical acclaim and is being presented domestically and internationally. Dr. Clauss-Ehlers served as two-term editor of the *Journal of Multicultural Counseling and Development*. She is author/ co-author/editor/co-editor of four books focused on topics that include cross-cultural school psychology, community resilience, and culturally responsive school mental health. Dr. Clauss-Ehlers currently serves as a member of the New York State Boards for the Professions of the New York State Psychology Licensing Board. Dr. Clauss-Ehlers was a 2004-2005 Rosalynn Carter Fellow for Mental Health Journalism with a project focused on the stigma of mental illness within Latino communities. She has served as a guest correspondent for media outlets such as Univision, was a columnist for *Hoy* (Newsday in Spanish), and has contributed to *Ser Padres* (Parents magazine in Spanish) on contemporary issues that have an impact on families. Dr. Clauss-Ehlers was the 2014 recipient of the American Counseling Association's Association of Multicultural Counseling and Development, Exemplary Diversity Leadership Award, the 2018 *Journal of Multicultural Counseling and Development* Distinguished Service Award, and 2018 APA Division 43 Carolyn Attneave Diversity Award.

## MINDFULNESS-BASED INTERVENTIONS WITH IMMIGRANT AND REFUGEE POPULATIONS



**MARTIN GARFINKLE, DSW** (New York City College of Technology) is currently an associate professor, in Human Services, at New York City College of Technology. He teaches full time and is the course coordinator for the introductory counseling course and the introduction to group dynamics. He maintains a small private practice on Staten Island. Dr. Garfinkle specializes in the treatment of anxiety and depression. He is a board member at a national organization located on Staten Island called Freedom from Fear. Dr. Garfinkle has received intensive training in mindfulness meditation and mindfulness-based stress reduction. He has incorporated mindfulness strategies in his personal and professional practice. He is a sought-after speaker and over the past 4 years he has done mindfulness

workshops for the Annual NASW-NYC Addictions Institute held annually at Fordham University. Dr. Garfinkle has written several books and is currently working on a book related to gratitude practices.



## GROWING UP IN TWO WORLDS: YOUNG CHINESE AMERICANS IN NEW YORK CITY



**UWE P. GIELEN, PHD** (St. Francis College) grew up as a refugee in Germany. He later earned his Ph.D. in Social Psychology from Harvard University. Presently he serves as Executive Director of the Institute for International and Cross-Cultural Psychology and Professor-Emeritus of Psychology at St. Francis College, New York. His 28 edited/co-edited/co-authored books, which have appeared in five languages, deal with a broad range of psychological topics from an international and culturally informed perspective. Examples include *Childhood and Adolescence: Cross-Cultural Perspectives and Applications* (2nd ed., 2016), *Principles of Multicultural Counseling and Therapy* (2008), and *Families in Global Perspective* (2005). Having lectured on more than 340 occasions in 34 countries, he has served as president of the Society for Cross-Cultural Research, the International Council of Psychologists, and APA's Division of International Psychology as well as chair of the Psychology Section at the New York Academy of Sciences.

## THE ROLE RESEARCHERS AND CLINICIANS CAN PLAY TO ADDRESS THREATS TO THE IMMIGRATION SYSTEM



**DANIEL KAPLIN, PHD** (St. Francis College) is an Assistant Professor in the Psychology Department at St. Francis College. He received his doctoral degree in Clinical Psychology in 2014 from Walden University's Department of Psychology. His research examines how religious beliefs and practices influence mental health (e.g., anxiety, depression, and substance abuse). He has also worked to improve the treatment and access to care for ethnic minorities (e.g. the Asian American community). Lastly, he does research attitudinal research on prescriptive authority for psychologists. Dr. Kaplin has served numerous boards and committees at the local, state, and national level. He is the 2019 President Elect for New York State Psychological Association (NYSPA). Moreover, he was the 2018 President of NYSPA's Division of Culture Race and Ethnicity (DCRE) and New York State's Diversity Delegate to the American Psychological Association's Practice Leadership Conference in

2015 and 2016. Dr. Kaplin has received many awards and recognitions, which include being a Leadership Institute Fellow (2012), the DCRE Dissertation Award (2015), Distinguished Fellow at New York State Psychological Association (2017), Patrick H. DeLeon Prize for Outstanding Contribution to the Advancement of Pharmacotherapy (2017), and NYSPA's Diversity Award (2018).

## TRANSFORMING TRAUMA OF MIGRATION: UTILIZING THE 7-STEP INTEGRATING HEALING MODEL



**ANI KALAYJIAN, EDD** (MeaningfulWord), psychology faculty at Teachers College, Columbia University, John Jay College of Criminal Justice, and at Meaningfulworld, a multicultural and multilingual Psychotherapist, Genocide Prevention Scholar, International Humanitarian Outreach Administrator, Integrative Healer, author, and United Nations Representative. She was awarded Outstanding Psychologist of the Year Award from American Psychological Association (2016, Trauma Division), a Humanitarian Award from the University of Missouri-Columbia (2014), the 2010 ANA Honorary Human Rights Award, the Honorary Doctor of Science degree from Long Island University (2001) recognizing 30 years as a pioneering clinical researcher, professor, humanitarian outreach administrator, community

organizer & psycho-spiritual facilitator around the globe and at United Nations. (continued on next page)



In 2007 she was awarded Columbia University, Teacher College's Distinguished Alumni of the Year; the citation stated: "You have devoted your life to studying the impact of trauma and to helping others to heal. That calling grows out of your family's history and your own: As an Armenian child in Syria, where your family had sought refuge from the Ottoman Turkish Genocide of Armenians, you lived with the constant sadness & fear. In a sense, your life since then has been- to borrow a phrase from your own writings- about channeling the sense of helplessness that one feels in such moments into the work of helping others. You have treated, studied, and helped transform survivors of both natural and human-made disasters from around the world. As your protégé wrote 'What is extraordinary about my teacher and mentor is her unrelenting commitment to bettering society by unifying minds, hearts and spirits; emphasizing likeness in human beings and celebration of differences. She is steadfast in her optimism that prevention of human-made trauma and resilience post natural disasters can be realized and nurtured through forgiveness, tolerance, ancestral healing and respect for all humanity and mother earth.' " She has over 100 published articles in international journals, books, and is an author of *Disaster & Mass Trauma*, as well as Chief Editor of *Forgiveness & Reconciliation: Psychological Pathways to Conflict Transformation and Peace Building* (Springer, 2010), Chief Editor of *II Volumes on Mass Trauma & Emotional Healing around the World: Rituals and Practices for Resilience and Meaning-Making* (Praeger, ABC-CLIO 2010), author of Amazon Bestseller *Forget Me Not: 7 steps for Healing our Body, Mind, Spirit, and Mother Earth* (2018), author of a meditation CD called "From War To Peace" transforming generational trauma into healing and meaning-making, *Soul-Surfing*, and 10 films on Meaningfulworld Humanitarian Outreach Programs around the world.

## THE WAR ON IMMIGRANTS MEETS THE WAR ON CRIME: RACE CITIZENSHIP AND EXCLUSION



**PHILIP KASINITZ, PHD** (CUNY Graduate Center) is Presidential Professor of Sociology at the CUNY Graduate Center. He is currently director of the program in International Migration Studies (IMS). He chaired the CUNY doctoral program in Sociology from since 2001-2011 and 2014-2017. Dr. Kasinitz graduated Boston University in 1979 and earned his doctorate from New York University in 1987. He specializes in immigration, ethnicity, race relations, urban social life and the nature of contemporary cities. He is the author of *Caribbean New York* for which he won the Thomas and Znaniecki Book Award in 1996. His co-authored book *Inheriting the City: The Children of Immigrants Come of Age* won the Eastern Sociological Society's Mirra Komarovsky Book Award in 2009 and the American Sociological Association Distinguished Scholarly Book Award in 2010. Kasinitz served as the President of the Eastern Sociological Society in 2007-2008 and received the Society's "Merritt" Award for career contributions in 2015. Since 2005 has been the book review editor of the ESS journal, *Sociological Forum*. He is a member of the Historical Advisory Board of the Statue of Liberty-Ellis Island Foundation and a former member of the Social Science Research Council's Committee on International Migration and the Russell Sage Foundation's committee to study the social effects of 9-11 on New York City. In addition to publications in scholarly journals Kasinitz is frequently quoted in media venues and his work has appeared in CNN On Line, The New York Daily News, New York Newsday; *Dissent*; *The Nation* ; *The Wall Street Journal* and *Lingua Franca*. Prior to coming to the Graduate Center, Kasinitz taught at Williams College. He has held visiting appointments at Princeton University, The University of Amsterdam and the Technical University of Berlin and was a Fulbright scholar at the University of Liege.



## OVERCOMING STIGMA IN SYRIAN REFUGEES: A PSYCHOEDUCATIONAL INTERVENTION INTEGRATING BIOLOGY, METAPHOR, AND STORY-TELLING



**VIVIAN KHEDARI DEPIERRO, MA** (New School) obtained a licentiate in psychology from Universidad Católica Andrés Bello in Caracas Venezuela. She is currently a Clinical Psychology PhD candidate at The New School for Social Research. She is interested in researching how physiological markers can add to the understanding of complex trauma and PTSD in individuals living in or coming from conflict zones. While in Venezuela she worked as Social Impact Coordinator for Embajadores Comunitarios, a youth empowerment program that fosters leadership skills and group cohesion by training high-risk teenagers living in Venezuelan barrios to participate in Model United Nations competitions. In New York, she

has focused her work on migrants. She is currently conducting an RCT to test the effectiveness of a psychoeducational intervention meant to teach Syrian refugees in Jordan about the physiological and psychological correlated of forced migration.

## MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT FOR REFUGEES AND MIGRANTS: ADVOCACY IN THE GLOBAL COMPACT FOR MIGRATION AND INTERVENTIONS IN THE CASE OF SYRIAN REFUGEES IN JORDAN



**JUDITH KURIANSKY, PHD** (Columbia University), is a noted international clinical psychologist on the faculty of Columbia University Teachers College and visiting professor at Peking Health Sciences Center. At the United Nations, she is a leader in the civil society community, serving on many NGO Committees and in negotiations about international instruments, and moderating, co-producing and serving as a speaker for innumerable side events sponsored by Member States on a variety of subjects and at many UN conferences, including the Commissions on the Status of Women and the Commission for Social Development, the World Day of Cultural Diversity for Dialogue and Development, the International Day of Happiness, and WHO World Health Day. She is the main NGO Representative of the International Association of Applied Psychology and World Council of Psychotherapy for the past 16 years. As President of the Psychology Coalition of NGOs accredited to the UN, she

partnered with the Ambassador of Palau to the UN, Dr. Caleb Otto, in the successful intergovernmental campaign to include mental health and well-being in the UN 2030 Agenda for Sustainable Development, and co-founded the Group of Friends of Mental Health and Well-being of UN Member States, now led by Canada, Belgium and Bahrain, for which she serves as advisor. A trustee of the United African Congress and board member of Voices of African Mothers, she was recently appointed to the Advisory board of the Ambassador of the Republic of Sierra Leone to the USA. She has hosted a U.S.-Africa Business Expo and served as a moderator and speaker at the Diaspora Investment Forum in September 2018. Also having hosted the First Ladies of Africa Health Summit, she co-developed a Girls Empowerment Camp. An expert in trauma recovery, she conducts post-disaster recovery trainings worldwide, including in China, Japan, Sri Lanka, Haiti, Iran, and Sint Maarten, as well as during the SARS and Ebola outbreaks. She co-developed the Global Kids Connect Project that promotes resilience of children and communities around the world, and the Stand Up for Peace Project that does peace charity concerts, symposia, and memorials with original songs and workshops worldwide. Her many professional journal articles and books include "Ecospsychology: The Intersection of Psychology and Environmental Protection" "The Psychosocial Issues of a Deadly Epidemic: What Ebola has Taught us about Holistic Healing" "Beyond Bullets and Bombs: Grassroots Peacebuilding between Israelis and Palestinians" and a special journal issue on "Models of Mental Health and Human Rights in Celebration of The 60th-



Anniversary of The United Nations Declaration of Human Rights for All” as well as “The Complete Guide to A Healthy Relationship” and “31 Things to Raise a Child’s Self-Esteem.” An award-winning journalist, reporter and producer on TV and radio, and a print journalist, she has been a columnist for the Singapore Straits Times, the South China Morning Post and New York Newsday; hosted a top-rated radio advice show and hosted the “Money and Emotions” television show on CNBC-TV as well as done features on that financial news channel. She appears as an expert on CNN and international news programs. Dr. Kuriansky is a member of the Committee on Migration at the United Nations and participated in years-long negotiations regarding the United Nations Global Compact on Safe, Orderly and Regular Migration, meeting with many government delegates and then invited to the final negotiations in Morocco in December 2018. She has also organized symposia and presented about psychological challenges of refugees and migrants at international congresses around the world, including the European Congress of Psychology; has participated in missions to provide assistance to refugees, has consulted with programs offering assistance for Syrian refugees in Lebanon, and has designed and conducted train-the-trainers workshops addressed particularly for psychosocial resilience for children, for Syrian refugees in Jordan. Her many awards include the Humanitarian Award for Lifetime Achievement in Global Peace and Tolerance.

## THE IMPACT OF DACA ON KOREAN IMMIGRANTS



**SUNGHUN KIM, PHD** (St. Francis College) earned his Bachelors Degree from Seoul National University and his Masters and Doctorate from the University of Texas at Austin. Dr. Kim’s research interests have been formed in the juncture of culture, human development, education, and health and their influences on psychological behaviors. His current research pursuit is to understand how a specific culture may influence laypeople’s conceptions of such topics as morality, education, etc. He is also interested in finding family factors and their roles in health related decision and behaviors of adolescents. Dr. Kim’s expertise includes theories and applications of qualitative and quantitative research methods and his recent publications use one or both of these methods in one study. Dr. Kim received

a postdoctoral training opportunity in quantitative psychology before joining in the faculty of Saint Francis College, where he teaches Statistical Methods, Developmental Psychology and Research Methods. Psychological courses in the areas of development, education, cross-cultural psychology, social, and personality can be added to his teaching agenda.

## THE ADJUSTMENT OF NEWLY ARRIVED IMMIGRANTS TO THEIR NEW SOCIAL MILIEU



**HALYNA LEMEKH, PHD** (St. Francis College) earned an MA in philology in Ukraine in 1995 and a PhD in Sociology from the New School University in 2007. The focus of her research and writing includes the social construction of identity of newly arrived immigrants in New York City, the impact of immigration on children and the relationships between different waves of immigrants. Her book *Ukrainian Immigrants in New York: Collision of Two Worlds* focuses on the politics of identity and the collision of diverse identities of newly arrived immigrants in their adaptation to the American society. At present, Dr. Lemekh is an Assistant Professor of Sociology at St. Francis College and conducts research on newly arrived Korean and Central American immigrants.



## SCHOOL-BASED INTERVENTION FOR RECENT IMMIGRANT STUDENTS



**PEI-WEN WINNIE MA, PHD** (William Paterson University) is an Associate Professor of Psychology and the Director of Master's program in Clinical and Counseling Psychology at William Paterson University of New Jersey. She is a licensed psychologist in the state of New York and has over a decade of clinical experience working with Asian immigrant clients and supervising pre-doctoral interns at Hamilton-Madison House in New York City. Her research investigates parent-child relationship, career development and mental health concerns from a multicultural and relational framework in order to develop culturally responsive interventions for ethnic minority and immigrant children, youth and families in the U.S. Dr. Ma received her PhD degree in Counseling Psychology from Teachers College, Columbia University.

## WORKING WITH IMMIGRATION IN A VARIETY OF SITUATIONS



**JANET MUELLER, PSYD** (Independent Practice) is currently working in private practice in NYC and Plainview, NY. Her expertise are in child and adolescent development. She also has expertise in forensic asylum evaluations and PTSD evaluations with veterans. She received her masters in school psychology from Queens College in 1086. She worked as a school psychologist in East Harlem for 9 years. She received her doctorate from Yeshiva University in 1994. Dr. Mueller received her postdoctoral certificate in forensic psychology from St. John's University in 2015.

## THE ROLE RESEARCHERS AND CLINICIANS CAN PLAY TO ADDRESS THREATS TO THE IMMIGRATION SYSTEM



**KRISTEN PARENTE** (Kean University) is a first-year PsyD student at Kean University with an emphasis in School and Clinical psychology. Ms. Parente is an active member of New York State Psychological Association and New Jersey Psychological Association. She currently serves as Acting Secretary and Student Representative on the board of the Division of Culture Race and Ethnicity. While just in her first year of graduate school, Ms. Parente has already earned the prestigious Mark Gutterman Award for Excellence in Research in Psychology (CUNY College of Staten Island), Roy Aranda Award for Student Research (New York State Psychological Association), and the Rolland S Parker Award for Outstanding Behavior Medicine research (30th Greater NY Research Conference).

## GROWING UP IN TWO WORLDS: YOUNG CHINESE AMERICANS IN NEW YORK CITY

**JONATHAN PALUMBO** (Pace University). Jonathan Palumbo is a fourth year doctoral student. He is completing a clinical externship at Staten Island University Hospital—Northwell Health. At Staten Island University Hospital, he conducts neuropsychological assessments and psychotherapy in an inpatient and outpatient setting with cognitively, medically and physically involved individuals from across the lifespan. In addition, he is conducting a doctoral research project on international students' in the United States. The study aims to increase knowledge about the psychological adaptations and stresses faced by international students.



## MENTAL HEALTH NEEDS IN SYRIAN REFUGEES



**LAUREN ROGERS-SIRIN, PHD** (The College of Staten Island) earned her doctorate in Counseling Psychology from Boston College. She is a licensed psychologist who practices from multicultural relational model of counseling. She has clinical experience with clients of all ages and with a broad range of mental health issues but the bulk of her experience has been with young adults on college campuses. She uses her clinical experience to enrich the courses she teaches and inform her scholarly work. She believes strongly in the researcher-practitioner model and believes research and clinical work should inform and shape each other. Her research interests all relate to issues of social justice in the counseling profession, including the experiences of immigrants in counseling, attitudes towards

psychotherapy among Muslim Turks, the cultural values inherent in theories of psychotherapy, and the intersection of social justice and mental health.

## GAINING LEGAL STATUS FOR UNDOCUMENTED FOREIGN RESIDENTS: PSYCHOLOGISTS CAN HELP



**GABRIELLE STUTMAN, PHD** (Independent Practice) is a licensed psychologist who has been in private practice since 1972, with offices in New York City and Ardsley, Westchester. Since completing her Ph.D. at the New School University she has received post doctoral training in Psychoanalytic Psychotherapy, Clinical Neuropsychology, and Forensic Psychology. Her practice currently includes psychotherapy, cognitive remediation, and neuropsychological and forensic evaluations. Her expertise in psychological evaluation has helped immigration attorneys to secure legal status for hundreds of undocumented immigrants and refugees. An active member of our professional community, she is a Diplomate of the New York State Psychological Association, has been four times President of the Independent

Practice Division, is founder of the Forensic Division, revived the Neuropsychology Division, and has received several Distinguished Service Awards. Her publications include articles in the areas of psychoanalysis, neuropsychology and forensic immigration evaluation.

## WORKING WITH IMMIGRATION IN A VARIETY OF SITUATIONS



**ANN WINTON, PHD** (Independent Practice) is a forensic psychologist, licensed in the State of New York. She holds a Ph.D. in psychology. She attended Boston University where I received my Master of Education in Secondary Education. Dr. Winton then attended Boston College's Graduate School of Arts and Science, where she received her Master of Education in Counseling Psychology. She then continued her studies in Boston College where she received my Doctor of Philosophy degree in Educational Psychology. Dr. Winton is an active member of NYSPA's Forensic Division. After 40 years, she retired from the practice of clinical psychology. In this practice, she had extensive experience as a practicing psychologist, especially with chronic medical conditions, at various hospitals throughout her career, as well as teaching as an adjunct professor in various psychology courses.

Dr. Winton did extensive work with people suffering from PTSD, including war veterans, survivors of rape and sexual abuse. Since 1980, I have been in private practice, specializing in forensic evaluations for personal injury, Immigration, and Domestic Abuse. She has also provided psychological evaluations of asylum applicants who are seeking asylum in the United States on the grounds of torture, domestic violence, or sexual violence (assault and rape). Dr. Winton presented her work with immigrants at several NYSPA Forensic Conferences. Lastly, she supervises post-doctoral students in forensic psychology.



## MUSICAL PERFORMANCE AND SONGS OF PEACE

“Miss Shibata has a fresh, sweet lyric soprano voice, a secure sense of intonation, a spontaneous musicality, and no small degree of charm.” (Tim Page, New York Times)



**SOPRANO TOMOKO SHIBATA** is a classically trained singer whose career started both in NY and Tokyo. She has performed extensively in Asia, Europe and North America, and in the U.S., including at Weill Hall, Carnegie Hall, Merkin Concert Hall, and Alice Tully Hall at Lincoln Center in New York, at the Kennedy Center in Washington, D.C., and in Japan at National Theater, Suntory Hall, Orchard Hall, and as a soloist with orchestras such as Tokyo Philharmonic, Japan Symphony, and Tokyo City Philharmonic Orchestra. Her recent opera performances include the role of Corilla in Donizetti’s “Viva La Mamma” at National Opera Theater in Tokyo in 2017, Hanna in Lehar’s “The Merry Widow” with Tokyo Chamber Opera Theater and the roles of Rowan in Britten’s “The Little Sweep” Theater in 2016. She also performs with the Tokyo New City Philharmonic, including recently for Leonard Bernstein’s 100 Anniversary’s concert in August 2018, that continues. This spring 2019, she will perform many festivals at prestigious Jyugaoka City in Tokyo, having been appointed to Music ambassador.

Ms. Shibata has sung world premieres of songs with such groups as “The Kronos Quartet” (Somei Sato’s “Homa”) and “The Balanisque Quartet” (Robert Moran’s “Towers of the Moon”). As an opera singer, she has sung such roles as Rosina from “Barber of Seville”, Lucia from “Lucia de Lammermoor”, Gilda from “Rigoletto”, Cunegonde in Candide, and others. She was a winner of the Senigallia International competition and finalist of the Luciano Pavarotti Competition. An English version of Ikuma Dan’s “Yuzura” (Twilight Crane) that she performed at Lincoln Center was praised by The New York Times. She also has sung with Tokyo Philharmonic Symphony, Nipon Philharmonic and Tokyo Symphony Orchestra. She has appeared on television in Japan on NHK, TSB, FUJI TV, and NIPPON TV as well as on radio on FM NACK 5.

As an artist, Tomoko has a passion to find undiscovered beautiful music from all over the world. Specializing in both American and English repertoire, she became an exclusive artist with EMI Records and worked with Leonard Bernstein’s engineer, John McClure, recording repertoire from Broadway to American opera by composers such as Bernstein, Argento, Herbert, Copland, and Moore. Later, her passion for Cathy Berberian’s “Tickets to Ride” led to her make an all-Beatles album recorded in London with the St. Martin in the Fields Orchestra for EMI Records, transforming Beatles songs into arias. She has also recorded with Sony and Crown Records. As a song writer, her talents can be heard on the popular Wii game “Way of the Samurai” in both Japanese and German languages. She also formed her own recording company, which published her album “My American Dream” which included songs by Copland and Moore as well as Handel and Puccini arias. She dedicated her recent CD “For your Tears and Smiles” to the children who lost their families, and made a commitment for all the benefits from the CD and concerts to go towards expenses of rebuilding their homes in Tohoku.

On September 11, 2001, while living in Soho in New York City, Tomoko witnessed the terrorist attacks on the World Trade Center, seeing heroes and victims up close. Since then, believing that music can liberate the heart, she has



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presented a series of concerts in Tokyo, honoring the memory of this tragedy and raising money to help foundations provide healing. In November of 2001, Ms. Shibata was honored to perform the U.S. premiere of Shigeaki Saegusa's "Requiem" dedicated to the victims in Seattle's St. James Cathedral with the Seattle Symphony. In New York, she participated in Floating Lanterns Ceremonies commemorating 9/11 with noted American professor and UN NGO representative Dr. Judy Kuriansky and international musician Russell Daisy, and also sang at the United Nations Church Center in a concert featuring the Hibaku piano that survived the Hiroshima bombing.

When the tragic earthquake and tsunami tragedy and Fukushima nuclear disaster struck Japan in March, 2011, Tomoko again dedicated herself to help bring healing through her music. Her "Songs for Hope" concerts in New York and in Tokyo honored victims of 9/11 and 3/11. In March, 2014, she performed for the UN Commission for the Status of Women at the Tilman Chapel Church Center for the UN in New York City. Further, she performed at Gear Up Foundation's Pearl Harbor commemoration on 9/11/14 as a bridge for forgiveness for what happened between the USA and Japan.

Professor for the musical theater department of Showa Music Academia Musicae and Obirn Universit, she performs constantly throughout Japan, and does inspirational speaking about her book, "How we manage ageing: It's called Fun-aging." President of her company, TS PROJECT INTERNATIONAL INC, she has a music experimental space called "Jiyugaoka Opera House" since 2007. As a producer, her concert series has received sponsorship from companies such as Johnson and Johnson, Kose Cosmetics, and Kewpie Food Products and has led many promising young artists to have contracts with Universal Music and Sony Records in Japan.



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20 years

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